

WINTER 2025-2026

TRAINING GUIDE

SOCCER MOMS AND DADS

GUIDE SERIES



Winter Training

Your one stop shop for soccer camps, small group training, private training and pick-up games!



WINTER LEAGUES

Looking for winter leagues?
We have 5v5, indoor, outdoor and futsal leagues across the entire state!

Winter is for Growth

When the regular season pauses for winter or holiday breaks, many young athletes take a step back from organized practices and games. While rest is important, supplemental training during this downtime can offer players unique opportunities to sharpen their skills, build confidence, and return to the field stronger than ever. The off-season provides the perfect window to focus on development without the pressures of weekly competition.

Specialized Training Opportunities

Winter and holiday breaks often bring access to specialized training programs designed for specific positions such as strikers, goalkeepers, or defenders. These sessions allow athletes to dive deep into the details of their role, whether that's perfecting a striker's finishing techniques or refining a goalkeeper's footwork and shot-stopping skills. By isolating positional responsibilities in a focused environment, players gain a stronger technical foundation that directly benefits their team play when the season resumes.





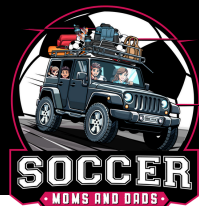
Individual Skills and Personal Improvement

The break also gives athletes time to focus on their own personal development—something that can sometimes get lost in the hustle of regular practices and games. Individual skills training emphasizes ball control, passing accuracy, first touch, and dribbling—fundamental abilities that every player needs regardless of position. During the off-season, athletes can set personal goals, track their progress, and build confidence in areas they want to improve. Even short, consistent sessions during the week can make a noticeable difference by spring.

Small Groups and New Perspectives

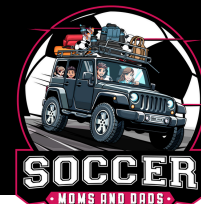
Supplemental training during the winter provides the chance to work in smaller groups or with different trainers. This setting not only allows for more personalized feedback but also keeps the environment fun and fresh. Players benefit from hearing new coaching voices, experimenting with different drills, and interacting with teammates outside their regular club environment. These experiences can spark creativity, reinforce a love for the game, and give athletes a broader perspective on their development.

Michigan



soccermomsanddads.com

2025-2026 TRAINING AND CAMP GUIDE



Northeast Ohio

	Training Program Website	Location & Dates	Age Gender Training Type	Program Description
	Futsal Training www.heartandsolefutsal.com	Akron, Goodyear Hall Fridays Beginning 10/11/25	All Ages Boys & Girls Small Group Training Cycle (recurring)	• FUTSAL JUNIORS (1 hour) 6:00-7:00pm • OPEN TRAINING (1 hour) 6:00-7:00pm • ACADEMY TRAINING (2 hours) ◦ 6:00-7:45pm ◦ 7:45-9:30pm
	Futsal Training www.heartandsolefutsal.com	Westshore Family YMCA Mondays Beginning 10/21/25	All Ages Boys & Girls Small Group Training Cycle (recurring)	• FUTSAL JUNIORS (1 hour) 4:00-5:00pm • OPEN TRAINING (1 hour) 4:00-5:00pm • WINTER ACADEMY TRAINING (2 hours) ◦ 5:00-7:00 PM ◦ Limited to Winter Academy Players Only
	Futsal Training www.heartandsolefutsal.com	Middleburg Hts., CFC Sundays Beginning 10/13/25	All Ages Boys & Girls Small Group Training Cycle (recurring)	• OPEN TRAINING (2 hour) 5:00-7:00pm • WINTER ACADEMY TRAINING (2 hours) ◦ 5:00-7:00 PM ◦ Limited to Academy Players Only
	GLA 11v11 Winter Outdoor www.glasoccer.com	Hall of Fame Village Canton, Ohio December- February 2026	U13-U19 Boys & Girls Winter League	4 Regulation Matches on Turf Fields at ForeverLawn Sports Complex.

New! This Year!

7 Turf Fields



GLA 11V11
WINTER OUTDOOR
CANTON, OHIO

December 2025 - February 2026

4 Regulation Matches

\$ 700 Per Team*

***\$150 Refund for each unplayed game
due to weather**

capelli[®]
SPORT

SOCCER DEVELOPMENT
THROUGH THE GAME
OF FUTSAL



PROFESSIONAL
FUTSAL PROGRAMMING
FOR DEDICATED STUDENTS AGES 5-15

www.HEARTANDSOLEFUTSAL.com

GREAT LAKES FUTSAL



**NORTHERN
OHIO'S**

FUTSAL LEAGUE

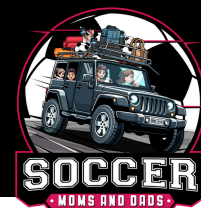
LEAGUES • TOURNAMENTS • CAMPS

SINCE 2007

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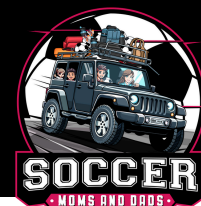
2025-2026 TRAINING AND CAMP GUIDE



Central Ohio

	Training Program Website	Location & Dates	Age Gender Training Type	Program Description
	Elite FC Winter Training www.elitefcssl.com	225 Guy St Plain City Nov - Dec and Jan-March	U15-U19 Boys & Girls Small Group Training Cycle (recurring)	Elite FC will be hosting multiple training sessions throughout the winter including: GK, finishing, skills and more.
	Lil' Kickers www.lilkickers.com	Groveport, OH 10/14/2025 - 12/21/2025	18 months to 9 years old Small Group Training Cycle (recurring)	At Lil' Kickers, our mission is simple: to help your child grow and thrive while having a blast. Our carefully curated classes, led by high-energy coaches, are packed with creative games designed to help kids tackle important developmental milestones.
	SKYBOUND - Youth Winter Leagues flyingfives.com	Groveport, OH 10/25/2025-12/20/2025	Coed U6-U10 Winter League	Skybound Youth Leagues is a Saturday only league for youth ages 4 to 10. The teams will be set by Flying Fives after registration and meet weekly for instructional training provided by trained Coaches and followed by 5v5 games.
	Resolute Futures www.resolute.com	3599 Chiller Lane Columbus OH 43219 11/8, 11/15, 11/22, 12/6, 12/13, and 12/27	5-9 years Boys & Girls Winter League	Resolute Soccer Jersey High Level Coaching (No Parent Coaches) Developmental training session before games 24 minute games (6 minute quarters) Games will be played between 8:00am-2:00pm
	Little Stars Soccer Classes & Fall Youth Soccer Leagues www.starsindoorsports.com	Columbus 43229 9th September-November 1st & November 4th-December 27th (Little Stars Soccer), November 1st - December 21st (Fall Youth Soccer Leagues)	18 months-9 years (Little Stars Soccer), 7 years-18 years (Youth Soccer Leagues) - both genders Winter League	Kick off the Fall season at Stars Indoor Sports! Sign up for Fall Youth Soccer Leagues or Little Stars Tots Soccer program. Fun, active, and family-friendly. Scan the flyer QR codes to register!
	Futures Training Program www.thecrewyouth.com	OhioHealth Performance Center - Columbus, 43211 Free ID Sessions - October 21 & 23 (2014s, 2015s, 2016s) and October 24 (2017s). Training sessions for selected players are on Sundays beginning November 9th	Boys & Girls; 2014, 2015, 2016, 2017 Birth Years Small Group Training Cycle (recurring)	Crew Youth Futures is for high-level young players seeking advanced development with Crew coaches. The program builds skill, confidence, and passion while offering standout players a potential pathway into the Crew Academy.
	Crew Youth Winter Camps www.thecrewyouth.com	OhioHealth Performance Center - Columbus, 43211 December 20th & 21st and January 3rd & 4th	Boys and Girls; Ages 6-14 Skills Camp	Crew Youth Winter Camp keeps players active and improving during the colder months. Inside the bubble at Historic Crew Stadium, players enjoy a fun, energetic environment where they can sharpen skills, stay active, and connect with teammates.
	Winter Training www.pridesoccerclub.com	Canal Winchester November 10 - February 23	5-19 Boys & Girls Winter League	PSC Winter Programs are designed to help develop skills, tactics and fitness. "Team" programs are open only to PSC players, while the Juniors, Fitness/Speed GK and other programs are open to anyone.
	Winter Technical Training Program www.clubohiosoccer.com	Columbus Soccer Academy - Delaware, OH 43015 & TOCA Columbus - Lewis Center, OH 43035 November & December - Tuesday, Thursday, Saturday, and Sunday	U8-U14 Boys & Girls Small Group Training Cycle (recurring)	Players train in small groups with top licensed coaches, focusing on: • First touch & ball mastery • Speed of play & decision making • Small-sided, high-tempo games All players welcome—get the edge before spring season begins.
	Club Ohio North Futsal Program www.clubohiosoccer.com	Fieldhouse USA (Polaris Mall) November & December (Friday evenings)	U8-U14 Boys & Girls Pick-up Games	Futsal builds quick feet, sharp decision-making, and precise ball control in tight spaces. Young players (2018-2014) develop faster reactions, creativity, and confidence while improving passing, first touch, and game intelligence for outdoor soccer success.
	Club Ohio Juniors powered by HappyFeet www.clubohiosoccer.com	6923 Rings Rd, Dublin 43016 Suggested dates for Session 2: Nov.30-Jan 25, taking off Dec 28, and Jan 4. Session 3: Feb 8 - March 22.	2.5-U7 Boys & Girls Small Group Training Cycle (recurring)	Our program gives little ones the chance to shine, grow, and score with friends! With nonstop fun and smiles, kids can't wait to return—while parents and grandparents enjoy watching their progress each week.
	Club Ohio Winter Programming www.clubohiosoccer.com	6923 Rings Rd, Dublin 43016 Time and Dates will vary	Ages vary for Boys and Girls Skills Camp	This winter, Club Ohio offers holiday camps, training clinics during Thanksgiving and winter break, plus single-day clinics in January and February. Players of all ages can stay active, have fun, and build skills. Details on webiste.
	Locker Soccer Fall & Winter Sessions www.lockersoccer.com	330 W Case St, Powell, OH 43065 Fall 2: October 18th - December 19th; Winter: January 3rd - March 7th	2+ Boys & Girls Small Group Training Cycle (recurring)	Join us this fall and winter for soccer programs designed for ages 2 and up — from fun foundational classes to advanced training, helping players build skills, confidence, and a love for the game.
	Goalkeeper Winter Program 2025-2026 www.geosasgkacademy.com	330 W Case St, Powell, OH 43065 Session 1 Nov 10, 2025 - Jan 26, 2026; Session 2 Feb 02 - Apr 16, 2026	U8 and Up Boys & Girls Small Group Training Cycle (recurring)	Geosas is a specialized academy focused on goalkeeper training for players from kids to professionals. We provide personalized programs and sell quality equipment like gloves, combining advanced techniques with a practical approach to develop performance and confidence.
	Goalkeeper Battle 2026 www.geosasgkacademy.com	330 W Case St, Powell, OH 43065 January 25, 2026	U8 and Up Boys & Girls Skills Camp	A tournament for boys and girls where goalkeepers compete in penalty shootouts. Each player gets three 1v1 matches, five minutes each. This year features 3-minute halves with a 2-minute break. Battles take place Sunday, Jan. 25, 2026.
	SP Soccer Academy - Winter Indoor Program www.spsocceracademy.com	Westerville 43082, Columbus 43219 November 13- February 14	U7 and U19 Boys & Girls Small Group Training Cycle (recurring)	Train like the pros with MLS-style small group sessions. SP Members & Non-Members welcome! Benefits ♦ Sharpen technical & tactical skills ♦ Boost fitness, agility & coordination ♦ Stay game-ready for next season

2025-2026 TRAINING AND CAMP GUIDE



Central Ohio cont...

	Training Program Website	Location & Dates	Age Gender Training Type	Program Description
	The QTSD™ Academy www.qtsdsoccer.com	The QTSD™ Academy Indoor Training Fields (776 Morrison Road, Gahanna, 43230) 12/8/25 thru 2/21/26	2007-2017 Boys & Girls Small Group Training Cycle (recurring)	The QTSD™ Academy offers weekly, club-neutral training for motivated players. Led by expert coaches, sessions build skills, creativity, and confidence on and off the field. Pre-enrollment evaluations required for advanced groups (offered Sept-Nov).
	The QTSD™ Goalkeeper Academy www.qtsdsoccer.com	The QTSD™ Academy Indoor Training Fields (776 Morrison Road, Gahanna, 43230) 12/10/25 thru 2/18/26	2007-2015 Boys & Girls Small Group Training Cycle (recurring)	QTSD™ Goalkeeper Academy offers weekly, club-neutral training with expert coaches. Goalkeepers gain confidence and sharpen skills—handling, dives, positioning, and more—in a professional setting. Pre-enrollment assessment required.
	Ball Mastery sportingcolumbus.com	Willis Athletic Complex, 2520 Mock Rd November & December	2016-2019 Boys Small Group Training Cycle (recurring)	Ball Mastery directed by Ash Khanboubi/Esteban Estrada. Sessions for boys born 2019/2018 and boys born 2017/2016.
	Blast FC Academy Winter Training blastfc.com	43015 Early December-Mid February	U6-U18 Boys & Girls Small Group Training Cycle (recurring)	Winter Skills training for all ages and genders.
	Winner Goalkeeper Academy Email: dwinner18@gmail.com	Columbus, Ohio Year-round training	U6-U18 Boys & Girls Small Group Training Cycle (recurring)	Individual and Small Group Goalkeeper training with Coach David Winner, former Columbus Crew player and current coach.
	3v3 Tournament www.lockersoccer.com	330 W Case St, Powell, OH 43065 Black Friday, Winter Break, MLK Day, and Presidents' Day	U8/U9, U10/U12, and U13/U14 Winter League	Mark your calendars for our 3v3 tournaments on Black Friday, Winter Break, MLK Day, and Presidents' Day! Fast-paced, small-sided play means more touches, more goals, and more fun for every player. Register as a team and compete in divisions: U8/U9, U10/U12, and U13/U14.
	School Of Excellence /Specialized Training www.lockersoccer.com	330 W Case St, Powell, OH 43065 Year-Round Training	Ages 7+ Boys and Girls Small Group Training Cycle (recurring)	These classes are Skill Development classes for players ages 7+. Specialized Training classes are built for players with strong skills and a high level of commitment, offering a competitive and challenging environment. While Locker Soccer Academy is dedicated to improving the play of all athletes, this advanced program provides focused, top-tier training for those ready for the next step. Not sure if your child qualifies? Email Coach Steve (steve@lockersoccer.com) to determine the best fit.
	Performance Lab Training www.lockersoccer.com	330 W Case St, Powell, OH 43065 Year-Round Training	U8/U9, U10/U12, and U13/U14 Small Group Training Cycle (recurring)	Locker Soccer Academy is proud to launch The Performance Lab — the first of its kind in Columbus! Powered by Elite Skills Arena technology and trusted by top clubs worldwide, this cutting-edge space combines technology, expert coaching, and high-intensity repetition to maximize player development.
	OCL Indoor 25/26 5v5 www.ohiochampionsleague.com	Club Ohio Facility, Dublin Ohio Begins week of November 7	All Ages Boys & Girls Winter League	Games Played on Fridays 5:30PM and on, Saturdays 3:30PM and on. 7 Game Season, with a Champion crowned for each division. 1 Game per Week. Games played at Club Ohio Facility in Dublin.
	Tech-Integrated Winter Training Program www.soccerfieldacademy.com	2901 E. 4th Ave, Columbus OH 43219 October 27 - March 29, 2026	Ages 2-23 Boys & Girls Small Group Training Cycle (recurring)	Elite indoor soccer training with AI technology, Southampton FC methodology, and UEFA-licensed coaches. Ages 2-23, flexible schedules (1-4x/week), climate-controlled facility. Transform your game while others rest. Registration opens with early bird savings.

*Registration
Open!*

SP SOCCER ACADEMY

WINTER INDOOR PROGRAM

ALL Skill Levels

2 LOCATIONS

BOYS & GIRLS
U7 - U19



WESTERVILLE

COLUMBUS



SP Members & Non - Members

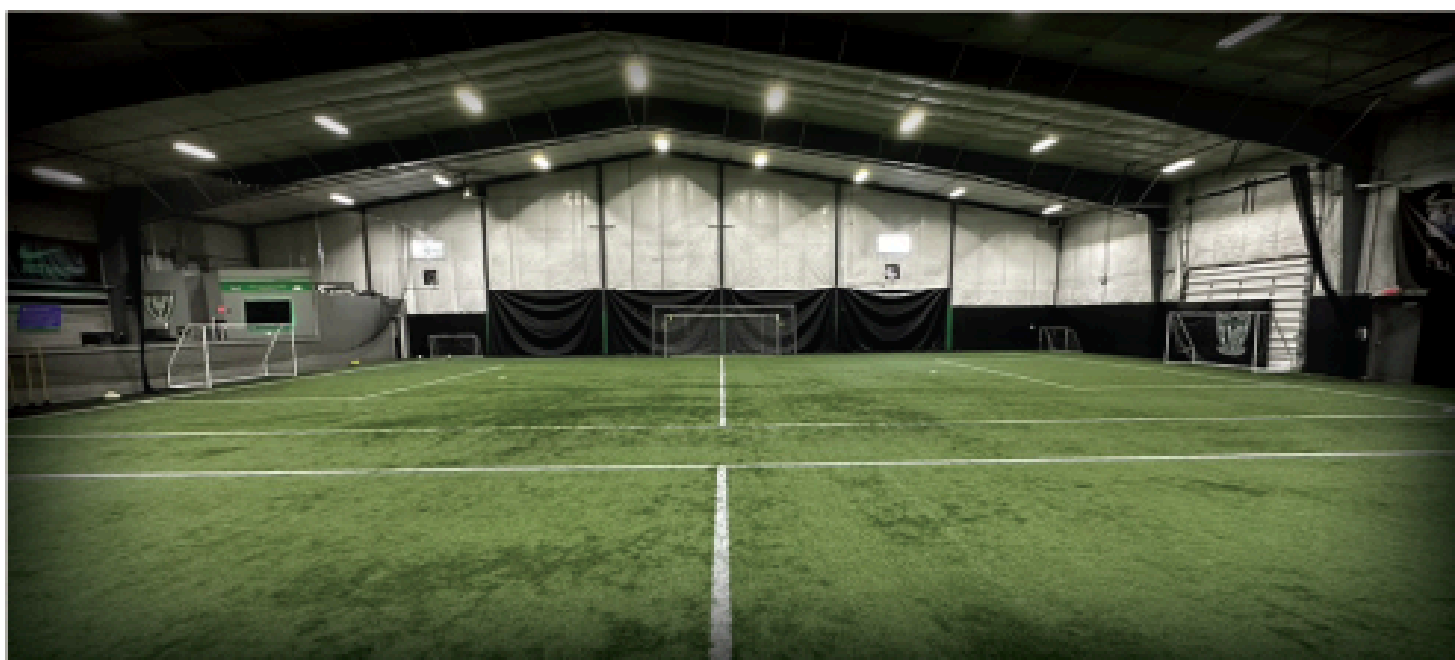
Early Bird Discount Before October 1

www.spsocceracademy.com

Club Ohio Winter Programming

This winter, Club Ohio will once again be offering a variety of programs to keep players active and developing throughout the season. From holiday camps and training clinics during Thanksgiving and winter break to single-day clinics in January and February, there are opportunities for players of all ages and levels to stay sharp, have fun, and continue building their skills.

For details and registration, visit the Programs section of our website at www.clubohiosoccer.com this October.





LOCKER SOCCER
ACADEMY

FALL/WINTER GUIDE



Performance Lab

PERFORMANCE LAB

Classes leverage innovative training methods in the Performance Lab to optimize touches and repetitions within a 30-minute session.

Children engage in friendly competition, keeping score as they enhance their first touch, awareness, and accuracy.

Ages 7+

SCHOOL OF EXCELLENCE

These classes are one (1) hour in length, with emphasis placed on technical mastery of the ball, decision making, spatial awareness, speed of play, and multidimensional small-sided games.

Ages 7-9 & 10-12

SPECIALIZED TRAINING

Tuesday classes are with Coach Ash and Thursday classes are with Coach JJ! Aimed at providing a competitive and intense environment, these sessions prioritize top-tier skill levels to ensure quality training.

Ages 9-10 & 11-12



ADDITIONAL OPTIONS

3v3 Holidays Tournaments

5v5 League

Skill Clinics

Fall II Session - Oct. 18th - Dec. 19th

Scan to
learn more!



More Information:

www.lockersoccer.com



Contact Person:

info@lockersoccer.com



WINTER TRAINING PROGRAMS



PROGRAMS:

Juniors(U5-U8)
Speed/Fitness
Team Training
Goalkeeper Training

WHO CAN JOIN?

Boys and Girls
Ages 5 - 19

For more info and to
register:
www.pridesoccerclub.com

MAX
ARFSTEN

SEAN
ZAWADZKI



CREW
YOUTH

UPCOMING PROGRAMS

PRESENTED BY:  Nationwide®

FUTURES TRAINING
IDENTIFICATION SESSIONS

OCT 21, 23, 24 - BASED ON BIRTH YEAR

FUTURES TRAINING
SUNDAYS BEGINNING NOV 9

WINTER CAMP
12/20 & 12/21, 1/3 & 1/4



SESSION 1

RESOLUTE FUTURES

STARTS NOVEMBER 8

AGES 5 TO 9

DEVELOPMENTAL LEAGUE
QUALITY COACHING
POSITIVE ATMOSPHERE



SCAN QR CODE
TO SIGN UP



Little Stars Indoor Sports Soccer Instructional Classes

- ★ Classes on Tues, Thurs, or Sat
- ★ 8 classes - 8 weeks
- ★ 18 months - 9 years Old



**SPECIAL
OFFER**

**GET \$10 OFF CLASS
FEES USING CODE
"OSMD"**

Need to miss a class or want to start mid-session?
We'll pro-rate your session fees!

Upcoming sessions

Fall I: 9 Sep - 1 Nov

Fall II: 4 Nov - 27 Dec

Winter: 3 Jan - Feb 28

SCAN ME



FALL YOUTH SOCCER LEAGUES

November 1st - December 21st

8 Games - 8 Weeks

Registration Deadline: October 16th

Games SAT & SUN
44-Minute Games

U7-U18 Boys & Girls, &
High School Coed

SCAN ME



- ✓ A (competitive) & B (Rec) Skill Brackets
- ✓ Team and Individual Registrations Available
- ✓ Two Team Shirts for Individual Registrations Only



**REGISTER
NOW!**



Call Our Number
(614) 985-3003



Visit Our Website
StarsIndoorSports.com



Soccer for Kids
Try a FREE CLASS →
GROVEPORT, OH



**FLYING FIVES
FIELDHOUSE**
INFO@FLYINGFIVES.COM

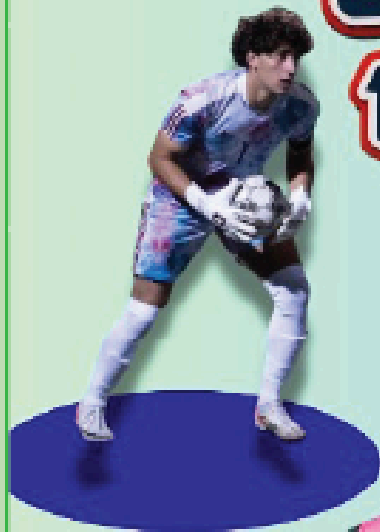
WINNER

GOALKEEPER ACADEMY



**INDIVIDUAL/SMALL GROUP
TRAINING**
CONTACT US FOR AVAILABILITY
#PROTECT&PLAY

2026 GOALKEEPER BATTLE WINTER



JANUARY 25
9:00 AM - 3:00 PM

- U8 - U11
- U11 - U13
- U14 - U16
- U17 -UP

1V1 PLAY

OHIO

**AGE GROUPS
(BOYS AND GIRLS)**

5 MIN PER MATCH

3 GUARANTEED MATCHES



CLUB OHIO TRAINING CENTER
6923 RINGS RE, DUBLIN, 43016

**REGISTER YOUR PLAYER TODAY FOR THIS
EXCITING TOURNAMENT
REGISTER NOW!!
WWW.GEOSASGKACADEMY.COM**



GOALKEEPER

WINTER PROGRAM

2025 - 2026

COLUMBUS OHIO



FREE GLOVES



SESSION 1 U8-U11

NOV 10 - JAN 26

4:00 PM - 5:00 PM

SESSION 1 U12-UP

NOV 10 - JAN 26

5:00 PM - 6:00 PM

SESSION 2 U8-U11

FEB 02 - APR 16

4:00 PM - 5:00 PM

SESSION 2 U12-UP

FEB 02 - APR 16

5:00 PM - 6:00 PM



CLUB OHIO TRAINING CENTER

6923 RINGS RE, DUBLIN, 43016



GEOSAS GK ACADEMY

**FOR MORE INFORMATION,
VISIT OUR WEBSITE.**



geosas1@yahoo.com

WWW.GEOSASGKACADEMY.COM



THANKSGIVING CAMP

NOVEMBER 27 - 29, 2025 • COLUMBUS, OH

TRUSTED BY THE PROS | PROVEN SYSTEM WITH CHAMPIONSHIP HISTORY



AGES: 10-18+

BRING:

- Cleats + Turfs
- Light Snack
- Water

WHO IS IT FOR?

- Athletes ready to take their game to the next level

\$200

SUPER EARLY BIRD

(Register on or before September 30)

\$225

EARLY BIRD

(Register on or before October 31)

\$240

LATE BIRD

(Register between Nov 1 - 23)

DAY 1

(INTENSIVE)



Change of Direction +
Lower Body Strength



Rondo, Ball
Mastery, Shielding +
1v1 / 2v2 / 3v3

DAY 2

(EXTENSIVE)



Linear Speed +
Upper Body Strength



Rondo, Passing,
Finishing +
Small-Sided Games

DAY 3

(GAMES)



Mobility/Stretch +
Movement Literacy



Scrimmage
Games +
**Signed Crew Jersey
Raffle**

AGES: 10-18

📍 TG SPORTS CENTER - 424 WOODLAND AVE, COLUMBUS, OH, 43205

LIMITED SPOTS - EARLY REGISTRATION RECOMMENDED

TEXT **'TURKEY'** TO (562) 525-0313 TO RESERVE YOUR SEAT.

QTSD™ WINTER TRAINING

FOR BOYS & GIRLS
AGES 8-18

DEC 8 - FEB 21

Limited spots available

THE QTSD™ ACADEMY
INDOOR TRAINING FIELDS
GAHANNA, OHIO

(614) 992-7623

www.QTSDsoccer.com



COLUMBUS FUTSAL EVENTS

ACADEMY - LEAGUES - TOURNAMENTS - FREE PLAY

COLUMBUS FUTSAL ACADEMY

Train and compete year round in CFA's accredited youth development programs for ages 5-19.



COLUMBUS
FUTSAL LEAGUE

COLUMBUS FUTSAL LEAGUE

Organize a team of friends or your soccer team to play fun, fast-paced league games in the CFL for youth & adults.

TOURNAMENTS

Participate in futsal and street tournament events for all ages such as the legendary Founder's Cup and Futsal Feminino SuperCopa.



FREE PLAY

Drop in to pickup futsal and just play! No refs, no coaches. For ballers of all ages and skill levels to enjoy the street game.



PLAY HOW THE WORLD PLAYS

WWW.COLUMBUSFUTSAL.US



GOAT FUTSAL

COLUMBUS



FOR PROGRAM INFORMATION PLEASE VISIT:
WWW.GOATFUTSAL.COM

OR CALL US: 614-378-4283

PROFESSIONALLY LICENSED
COACHES IN BOTH SOCCER
AND FUTSAL

CONSISTENT TRAINING
SCHEDULE

EXPOSURE TO THE TOP SOCCER
ACADEMIES IN THE USA



@GREATERCOLUMBUSATHLETICTRAINING





CENTRAL OHIO'S BEST FUTSAL LEAGUE

Games and SECFL Advantage: Futsal Games will be played 5v5 on full size basketball courts with a regulation size futsal goal that will require a goalkeeper. A weighted futsal ball is used keeping the ball on the ground resulting in the use of more foot skills. The small court, faster surface and futsal ball has been proven to allow players almost twice as many touches as traditional indoor soccer. The court also demands that players have a better first touch and requires players to make quicker decisions. All of this results in a more technically sound and tactically aware soccer player!

Player Registration: Players will register as individuals, in their current age group, and each week they will be placed on a different team. SECFL is open to all players (U7 through High School) regardless of club, league or school affiliation. Individual players will get points based on how well their team does in comparison to other teams in their division on that match day. At the end of the season individual players who finish 1st, 2nd and 3rd place in their division will be awarded medals. This format allows players to compete as individuals within the concept of team play and promotes competition between teams and players each match day!

ONE SESSION, 10 Games total: Games expected to be played on the following Saturdays (8am-5pm):

Nov 15, 22, 29, Dec 6, 13, 20, Jan 3, 10, 17, 24

Games: Games are two 20-minute halves in length, teams will have 5-8 players each game.

Divisions: Divisions may be mixed based on the number of players per age group/gender.

Cost: \$135 (early registration cost) or \$150 (after Oct 12th)

EARLY BIRD DEADLINE: October 12th (\$15 Discount)

DEADLINE: November 7th or until division is full

REGISTER ONLINE at www.pridesoccerclub.com

FACILITY: Eastside Athletics Complex, Lithopolis OH





INTERNATIONAL ACADEMY PARTNER

Grind Now, Shine Later!

Winter Training Programs Nov - Mar 2026

State-of-the-art, 40,000 sq ft, Tech-Integrated Training Center | Year-Round Performance Excellence.



OUR SERVICES



SoccerBot360™

AI-Powered Skills Mastery

Real-time analytics | Reaction time tracking | Passing precision



FREE Tech Assessment

\$165 VALUE - COMPLIMENTARY
30-45 minute private session with certified coach

- SoccerBot360 & Speed Court evaluation
- Detailed performance report
- Personalized development roadmap
- Program placement recommendation



The Bottom Line

The SFA Difference

Where traditional training ends, transformation begins through cutting edge technology. Your player evolves at SFA.



Speed Court™

Biomechanical Excellence

Agility enhancement | Acceleration analysis | Movement optimization



Specialized Winter Programs

- FINISHING FACTORY
- 1-ON-1 ELITE TRAINING
- SPORTS PERFORMANCE
- TECH-FUSION TRAINING™



Weekly Academy Training

Ages 7-18 | 12:1 player-to-coach

- Training Options 1x-4x/ week
- UEFA & USSF Licensed coaches
- Cognitive Mastery Focus
- Real-Time Analytics
- Southampton FC Partnership

EXPERIENCE SFA

OPEN HOUSE EVENT

- FRI, OCT 17th: 5:00 PM - 8:00 PM
- SAT, OCT 18th: 10:00 AM - 2:00 PM

- ✓ Live Tech Demonstrations - SoccerBot360 & Speed Court in action
- ✓ Meet Our Southampton FC-Trained Coaches
- ✓ Tour Our 40,000 sq ft Elite Facility
- ✓ Watch Real Training Sessions
- ✓ Q&A with James Field & Staff
- ✓ Winter Program Information & Registration

FREE Admission | All Ages Welcome | No Commitment Required

"The technology integration at SFA is incredible. My son improved his first touch by 40% in just one cycle using SoccerBot360. The data doesn't lie!"

- Parent, Weekly Academy Program

Soccer Reimagined: Powered by
Technology, Driven by Passion

Ages 2-23 Welcome | All Skill Levels | Professional Development Focus



614-300-0016

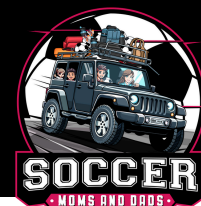


info@soccerfieldacademy.com



www.soccerfieldacademy.com

2025-2026 TRAINING AND CAMP GUIDE



Southwest Ohio

	Training Program Website	Location & Dates	Age Gender Training Type	Program Description
	Total Futbol Academy Winter Training www.tfacincinnati.com	Soccer City Field D 5700 Springdale Rd, Cincinnati, OH 45247 AND River's Edge Indoor Sports Complex, 5255 OH-128, Cleves, OH 45002 1/5/26-2/26/26	U9-U14 Boys & Girls Small Group Training Cycle (recurring)	TFA will have winter training on Mondays at Soccer City Field D 5p-6p U9-U10 6p-7p U7-U8 7p-8p Boys U11-U12 8p-9p Boys U13-U14 Thursdays at Rivers Edge 5p-6p Girls U11-12 6p-7p Girls U13-14
	5v5 Winter Leagues Youth & Adult www.fuclrumfives.com	Blue Ash, OH November through Early March! Two Sessions	Boys, Girls, Men and Women - Options for ages 5 to Adults! Winter League	5v5 Turf Leagues - Gameplay Player Development!
	FC Storm Academy Winter League www.fcstorm.sprocketsports.com	Castle Skateland, Loveland OH Tuesday Evenings, January thru February	U7-U8 Boys & Girls (2019 & 2019 Birth Years) Small Group Training Cycle (recurring)	Weekly 60-minute indoor training with a certified coach on Tuesday evenings, plus weekend 5v5 league games - designed to keep players sharp, developing, and having fun all winter long.
	Academy Elite Training manu-ledesma-academy.squarespace.com/	Blue Ash, OH All Year - Fridays, Saturdays and Sundays	Group 2010-2013 & Group 2014-2018 Small Group Training Cycle (recurring)	Manu Ledesma Academy offers elite, personalized soccer training focused on technical, tactical, and physical development in a supportive environment, preparing players for competitive play and personal growth through professional coaching and tailored programs.
	Amputee Soccer Winter Training cincinnatiamputee.soccer	Cincinnati and Columbus November thru March	All ages, all genders welcome Small Group Training Cycle (recurring)	Join us this winter in Cincinnati & Columbus for amputee soccer training. Open to all ages and skill levels. Experience the excitement of soccer adapted for athletes with limb differences. Dates/times coming soon.
	STAR Rush Winter 25 / 26 www.starrush.org	Cincinnati, 45215 11/12/2025 - 2/20/2026	U8-U19 Boys & Girls Small Group Training Cycle (recurring)	Winter Training & Friday Night Futsal: Open to all players. Limited spots—register early! Inclusive, high-energy sessions for every skill level, focused on growth, fun and fast-paced training all winter.
PDSA Personal Development Soccer Academy	Winter weekly training	Huber Heights YMCA 45424 December 7th through February 22nd	2017-2010 Boys & Girls Private or Individual Training	PDSA develops players through small group trainings centered on ball mastery, confidence, and strong possession skills, creating a foundation for smarter play and long-term success on the field.
	Winter Training Programs www.cincinnatiunitedsc.com	Mason, Ohio 45010 November 10th to March 19th	3-15 Boys & Girls Small Group Training Cycle (recurring)	Winter training programs for all players, within or outside of the club.



TOTAL FUTBOL ACADEMY WINTER TRAINING 2025/2026



LOCATION

Soccer City Field D 5700 Springdale Rd, Cincinnati, OH 45247 AND
River's Edge Indoor Sports Complex,
5255 OH-128, Cleves, OH 45002



PROGRAM

U9-U14 | Boys & Girls Small Group Training



ABOUT

TFA will have winter training on
Mondays at Soccer City Field D
5p-6p U9-U10 | 6p-7p U7-U8 | 7p-8p Boys U11-U12
8p-9p Boys U13-U14
Thursdays at Rivers Edge
5p-6p Girls U11-12 | 6p-7p Girls U13-14



www.tfacincinnati.com



rgray@tfacincinnati.com



Winter 2025 / 2026

Winter Training @ Soccer City

Session #1

 Nov 12, Nov 19, Nov 26, Dec 3, Dec 10, Dec 17 (2025)

Session #2

 Jan 14, Jan 21, Jan 28, Feb 4, Feb 11, Feb 18 (2026)

Friday Night Futsal

Session #1

 Jan 16, Jan 23, Jan 30, Feb 6, Feb 13, Feb 20 (2026)

- Open to all players — no club affiliation required
- Limited spots available — secure your place early
- Inclusive environment for all skill levels
- High-energy sessions designed for growth & fun

 Call: 513-957-0477

 Email: info@starrush.org

 Visit: www.starrush.org





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Winter
2025/2026



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- Gain confidence



Love for
competition



Ohio Amputee Soccer



CINCINNATI:

[instagram.com/cincyampsoccer/](https://www.instagram.com/cincyampsoccer/)

Email: info@cincinnatiamputee.soccer

Come join us this winter for amputee soccer training in Cincinnati and Columbus. Dates/times coming soon.

Amputee soccer provides an opportunity for those with limb difference to play soccer. All ages and skill levels welcome.

The game is played by amputee and limb length difference athletes, where field players use forearm crutches and may play the ball with only one leg. Keepers defend goal with only the use of one arm.

COLUMBUS:

[instagram.com/greater_ohio_amputee_team/](https://www.instagram.com/greater_ohio_amputee_team/)

Email: tberner@usampsoccer.org





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GIRLS U09-U19



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BOYS & GIRLS U08-U15



**NATION'S CAPITAL
CUP GIRLS WEEKEND**
November 15-16, 2025
McLean, VA
GIRLS U09-U19



**COLUMBIA FALL
CLASSIC BOYS
WEEKEND**
November 15-16, 2025
Columbia, MD
BOYS U08-U19



**NATION'S CAPITAL CUP
BOYS WEEKEND**
November 22-23, 2025
Fairfax, VA
BOYS U09-U19



**COLUMBIA FALL CLASSIC
GIRLS WEEKEND**
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Columbia, MD
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7657 VOA Centre Dr. West Chester, OH 45069
(513) 779- 8730

Columbus - Dublin

6545 Perimeter Dr. Dublin, OH 43016
(614) 766- 6446

Cleveland - Mayfield Heights

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(440) 565- 0101

Indianapolis - Carmel

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100,000 Strong: The Voice of Soccer Families

Soccer Moms and Dads has grown a lot in this past year. We now consistently serve an audience of more than 100,000 soccer parents from across the region. From funny memes to serious questions and insider news, we cover everything a soccer parent needs to know. What started as a small community has transformed into a trusted hub where parents can laugh, learn, and stay informed about the ever-changing world of youth soccer.

Parents know they can count on Soccer Moms and Dads for both practical resources and authentic conversations. Whether it's finding the best training opportunities, navigating the college recruiting process, or simply sharing the lighter side of life on the sidelines, we bring together the experiences that matter most to families. By combining timely updates, expert insight, and a strong sense of community, Soccer Moms and Dads has become the place where soccer parents across Ohio and beyond feel connected, supported, and informed.

Essential Soccer Equipment

Every soccer parent knows that having the right gear makes all the difference—both on and off the field. That's why we've pulled together some of our favorite resources and partners to make sure your player is prepared. From everyday must-haves to specialty items, you'll find options that fit every level of the game. You can start by checking out our own [Soccer Moms and Dads merch store](#), filled with fun and practical gear designed for parents and players alike. We've also curated a list of tried-and-true items through [Amazon](#), making it easy to stock up on essentials with one click.

In addition to these staples, we're excited to share exclusive discounts from some of our favorite soccer partners. With [SALT](#), you'll get 10% off when you use code OSMD10, giving your player high-quality apparel that stands up to the demands of training and competition. Through [Pitch Pack](#), you can also save 10% with code OSMD10 on innovative bags designed specifically for soccer players. And don't miss [Duktig](#), a brand trusted by coaches and players alike, where code OSMD10 gives you 10% off tools that help with organization, note-taking, and planning. Whether you're outfitting your player for the season or treating yourself as a soccer parent, these trusted partners have you covered.